

## **Simply One Page-The Upside (a follow up to Crushed)**

This piece was created from my own reflections and vision. I used ChatGPT as a tool to help shape the text from my original concepts and structure. The final form is the result of thoughtful revision, my own editorial hand fueled by my one page intent. Mike Haddorff, 2505

For those of us who are wondering what to do with a bag of disappointment you may want to consider:

### **1. More Flavor Per Bite**

You may have noticed those broken pieces are morsels of flavor. That's because Shards often have more surface area coated in seasoning. It's not just your imagination, more edges mean more spice! An added benefit. As you scour the bag, repeating the thumb finger pinch, salt collects on your fingertips. Your doctor won't like it but no-one is looking, take a lick.

### **2. Snack Efficiency**

What a great term to justify your action. Wow, You can actually be proud of your snack experience. No need to bite or break. They're already the perfect size for tossing into your mouth. Quieter, quicker, no sore corners of your mouth (corn chips). Think of it as "pre-formed convenience" all customized for you.

### **3. Creative Repurposing**

Let's admit, some bags are beyond recovery. No worries, shards can be used in cooking:

- Sprinkle on casseroles, taco bowls, or salads for crunch
- Add to sandwiches for texture
- Use as a breadcrumb substitute

Let your creative side go. Shoot, why not add to your oatmeal?

### **4. No Pressure to Share**

For those of us who are still a bit narcissistic, let's be honest, nobody fights over the broken bits. That last handful? All yours. Pure snack sovereignty.

### **But on a slightly more thoughtful note:**

Our shards, past failures, disappointments, losses:

Are painful, yes! And they may look like rubble, yes!

But God is with us and God is for us. We can't explain it at the time but our losses are packed with wisdom and depth. To move towards understanding we begin by embracing that which is crushed.