

## Simply One Page-Why One Page

Why One Page?

Let's be honest: most of us are drowning in words. Emails, articles, posts, devotionals, ads, and "just one more thing someone sent me." We want to be nice, supportive and somewhat informed. But our eyes glaze, our minds wander, and before we know it—we've read three paragraphs and remembered none of it. Or rather as my default, just leave it in my inbox, allow the haunting voices of self guilt and maybe it will just go away. I call this phenomenon **read bleed**: too many words, too little impact.

But for me enough is enough!

I decided to try something different:

One idea expressed on One page. That's it.

These short pieces are my way of offering a single thought — something I have sat with. Not a buffet of insights, just one plate to chew on. My hope is that by keeping it brief, more people might read it. And maybe even think about it later, in the shower or in traffic or while staring into an empty chip bag (you'll see that one soon).

I'm not pretending these one-pagers will change the world. But maybe, just maybe, they'll help you pause, reflect, and reconnect with something meaningful — without needing a nap afterward.

So thank you for giving me three minutes of your time. Let's see where one page can take us.

Mike